



# THE MIDWEST BOOK REVIEW

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## REVIEWER'S BOOKWATCH: February 2007

James A. Cox, Editor-in-Chief  
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### Bethany's Bookshelf

#### Give Wings to Your Dreams

Lauren E. Sullivan

✓ Golden Wings Press

3905 State Street, Suite 7-292, Santa Barbara, CA 93105

Booth Media Group

1386 Nightshade Road, Carlsbad, CA 92009

0977853810 \$14.95 [www.boothmedia.com](http://www.boothmedia.com)

Written by life coach and award-winning writer Lauren E. Sullivan, *Give Wings to Your Dreams: Reawaken Your Joy and Passion for Life* is a self-help guide to transforming one's life. Chapters outline Seven Stepping Stones to motivate oneself and improve one's quality of life, such as "Believing You Can Have What You Want", "Harnessing the Power of Intention", and "Staying True to Your Vision." Written in a serious-minded, motivational tone, *Give Wings to Your Dreams* encourages both the secular and spiritual aspects of rising above adversity and working toward one's dream. An emotionally uplifting and energizing self-help book.

Susan Bethany  
Reviewer