

Lauren E. Sullivan

Inspiring, engaging and charismatic, Lauren Sullivan speaks from her heart and personal experience, as an insightful Life Coach, a riveting speaker and an award-winning author. She draws on her own triumphant journey from exhaustion, trauma and turmoil to an inspired life anchored in passion, purpose and the joy of being fully alive. She brings her audiences to silence, tears and joy as she shares her dramatic story and engages her audience in an inspirational journey to a place of hope and possibility. Women feel exhilarated and motivated to tackle their obstacles and take productive steps toward a future of their own design. Lauren is available for keynotes, panels and private workshops.



Speaking Topics:

- Give Wings To Your Dreams® - *Seven Uplifting Strategies to Renew Your Energy and Zest for Life*
- Work/Life Choices
Finding Balance in the Fast Lane
- Mastering Your Destiny
Take Charge and Transform Your Life

Speaking Clients Include:

- Amgen
- eWomenNetwork International Conference
- eWomenPublishingNetwork
- Women in Technology International
- Women's Economic Ventures
- Mary Kay Cosmetics
- Curves for Women
- Unity Church
- RE/MAX Real Estate Services
- Dos Pueblos High School
- Business & Professional Women
- International Association of Administrative Professionals
- For You Network
- Ventura County Professional Women

Lauren Sullivan is the author of:

*Give Wings To Your Dreams:
Reawaken Your Joy and Passion for Life*

Contact Information:

To book Lauren Sullivan for your event, please contact:

Lauren@InspiredLifeDesign.com
805-569-2564

What Clients Say about Lauren:

"Lauren has an amazing story to tell and our audience was absolutely captivated. I was impressed with how she brought it around to something each of us could leave with to use in our own lives. She was one of our most highly rated speakers!"

Jan B. King, Founder
and Executive Director
eWomenPublishingNetwork

"Fabulous! Very positive
and inspiring"

Deborah Alliano
Senior Sales Director
Mary Kay Cosmetics

"Very inspirational presentation."

Deborah Dawicki,
Women in Technology International

"Inspiring. You were able to reach out to the audience with such animation and motivation!"

F. Michael Kauffman, Ph.D.
President
Women's Economic Ventures